

GRAB&GO

Takeaway Salad

Create your own

Healthy Salad

- | | | |
|---|---|--|
| <input type="checkbox"/> PRIMARY \$5.9 | <input type="checkbox"/> CLASSIC \$6.9 | <input type="checkbox"/> GENEROUS \$8.9 |
| 1 x base | 1 x base | 1 x base |
| 1 x green | 1 x green | 1 x green |
| 3 x supplements | 3 x supplements | 3 x supplements |
| 1 x topping | 1 x topping | 1 x topping |
| 1 x dressing | 1 x dressing | 1 x dressing |
| | 1 x protein | 2 x proteins |

BASES +\$1 per extra serving

- tabbouleh
couscous soba sweet potato fusilli pasta salad

GREENS +\$1 per extra serving

- romaine baby spinach arugula mesclun mix

SUPPLEMENTS +\$1 per extra serving

- | | | | | |
|---------------------------------------|---------------------------------------|--|--|-----------------------------------|
| <input type="checkbox"/> onion | <input type="checkbox"/> carrot | <input type="checkbox"/> cherry tomato | <input type="checkbox"/> cucumber | <input type="checkbox"/> olives |
| <input type="checkbox"/> capsicum | <input type="checkbox"/> french beans | <input type="checkbox"/> broccoli | <input type="checkbox"/> sweet corn | <input type="checkbox"/> tofu |
| <input type="checkbox"/> pumpkin | <input type="checkbox"/> avocado | <input type="checkbox"/> coleslaw | <input type="checkbox"/> mixed cabbage | <input type="checkbox"/> tempeh |
| <input type="checkbox"/> kidney beans | <input type="checkbox"/> chickpeas | <input type="checkbox"/> edamame | <input type="checkbox"/> beetroot | <input type="checkbox"/> parmesan |
| <input type="checkbox"/> feta | | | | |

TOPPINGS +\$0.5 per extra serving

- | | | | | |
|---------------------------------------|----------------------------------|---------------------------------------|--|------------------------------------|
| <input type="checkbox"/> almond | <input type="checkbox"/> walnut | <input type="checkbox"/> cashewnut | <input type="checkbox"/> sunflower seeds | <input type="checkbox"/> cranberry |
| <input type="checkbox"/> toasted oats | <input type="checkbox"/> crouton | <input type="checkbox"/> garlic chips | <input type="checkbox"/> scallion | <input type="checkbox"/> raisin |

DRESSINGS +\$0.5 per extra serving

- | | | | | |
|--|---|--|---|---|
| <input type="checkbox"/> french dressing | <input type="checkbox"/> classic caesar | <input type="checkbox"/> sesame dressing | <input type="checkbox"/> honey mustard dressing | <input type="checkbox"/> balsamic & olive oil |
| <input type="checkbox"/> 1000 island | <input type="checkbox"/> italian dressing | <input type="checkbox"/> gochujang sauce | <input type="checkbox"/> calamansi dressing | |

PROTEINS

- | | |
|--|--|
| <input type="checkbox"/> sousvide chicken breast | <input type="checkbox"/> sousvide boneless chicken quarter |
| <input type="checkbox"/> rotisserie chicken quarter (bone-in) +\$2 | <input type="checkbox"/> smoked duck breast |
| <input type="checkbox"/> roasted striploin +\$3 | <input type="checkbox"/> roasted boneless lamb +\$3 |
| <input type="checkbox"/> nomeatball (plant base protein) +\$3 | <input type="checkbox"/> baked norwegian salmon +\$3 |
| <input type="checkbox"/> mixed grill brochette +\$3
(chicken, beef, lamb, sausage) | <input type="checkbox"/> seafood brochette +\$3
(salmon, scallop, prawn, mussel) |

Ready to Eat
Compound
Salad Set
If you're hungry
but lazy!

- | | |
|---|--|
| <input type="checkbox"/> Dukkah Green \$5.9 | dukkah green beans, sweet potato, tofu, carrot, cucumber, coleslaw, radish, almond |
| <input type="checkbox"/> Mediterranean \$5.9 | mediterranean arugula, capsicum, zucchini, asparagus, onion, tomato, cucumber, feta, olives |
| <input type="checkbox"/> Tabbouleh \$5.9 | tabbouleh couscous, green beans, sweet corn, kidney beans, chickpeas, cherry tomato, edamame |
| <input type="checkbox"/> Baked Chicken \$6.9 | baked chicken, romaine, pumpkin, capsicum, hard boiled egg, cucumber, onion, parmesan |
| <input type="checkbox"/> Smoked Duck \$6.9 | smoked duck, broccoli, baby spinach, carrot, apple, almond, onion, crouton |

Takeaway Hot Meal

Create your own

Hot Meal

- | | | |
|--|--|---|
| <input type="checkbox"/> DELICATE \$5.9 | <input type="checkbox"/> ADEQUATE \$6.9 | <input type="checkbox"/> SUPER \$8.9 |
| 2 x bases | 2 x bases | 2 x bases |
| 3 x supplements | 3 x supplements | 3 x supplements |
| 1 x topping | 1 x topping | 1 x topping |
| 1 x sauce | 1 x sauce | 1 x sauce |
| | 1 x protein | 2 x proteins |

BASES +\$1 per extra serving

- quinoa mashed potato roasted herbed potato
 multigrain rice romaine lettuce whole grain pasta

SUPPLEMENTS +\$1 per extra serving

- baked carrot baked broccoli baked cauliflower baked pumpkin
 baked capsicum baked zucchini baked asparagus herbed mushroom
 corn on the cob french beans chili con carne

TOPPINGS +\$0.5 per extra serving

- almond walnut cashewnut sunflower seeds
 toasted oats crouton garlic chips scallion

SAUCES +\$0.5 per extra serving

- bbq mushroom black pepper szechuan sauce tomato sauce
 mexican fiery tangy sauce garlic honey sauce teriyaki sauce lemon cream sauce pesto cream

PROTEINS

- | | |
|--|--|
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| <input type="checkbox"/> rotisserie chicken quarter (bone-in) +\$2 | <input type="checkbox"/> smoked duck breast |
| <input type="checkbox"/> roasted striploin +\$3 | <input type="checkbox"/> roasted boneless lamb +\$3 |
| <input type="checkbox"/> nomeatball (plant base protein) +\$3 | <input type="checkbox"/> baked norwegian salmon +\$3 |
| <input type="checkbox"/> mixed grill brochette +\$3
(chicken, beef, lamb, sausage) | <input type="checkbox"/> seafood brochette +\$3
(salmon, scallop, prawn, mussel) |

Takeaway Cold Beverages

- | | | |
|--|---|--|
| <input type="checkbox"/> perrier (330ml) \$2.8
flavours:
<input type="radio"/> plain <input type="radio"/> pink grapefruit
<input type="radio"/> peach <input type="radio"/> lemon | <input type="checkbox"/> bottled juices (250ml) \$1.7
flavours:
<input type="radio"/> orange <input type="radio"/> tropical punch <input type="radio"/> lime
<input type="radio"/> apple <input type="radio"/> pineapple <input type="radio"/> lime | <input type="checkbox"/> cocomax (500ml) \$3.1
flavours:
<input type="radio"/> 100% coconut <input type="radio"/> coconut water with pressed coconut
<input type="radio"/> coconut water with lychee |
| <input type="checkbox"/> You.C1000 vitamin drink (140ml) \$2.1
flavours:
<input type="radio"/> lemon <input type="radio"/> orange <input type="radio"/> apple | <input type="checkbox"/> You.C1000 isotonic drink (500ml) \$2.6
flavours:
<input type="radio"/> lemon <input type="radio"/> orange | <input type="checkbox"/> coke (500ml) \$2.8
flavours:
<input type="radio"/> less sugar
<input type="radio"/> zero |
| <input type="checkbox"/> bottled water (600ml) \$1.5 | <input type="checkbox"/> evian (330ml) \$1.7 | |