

GRAB&GO

Takeaway Salad

Create your own

Healthy Salad

- | | | |
|---|---|---|
| <input type="checkbox"/> PRIMARY \$7.5 | <input type="checkbox"/> CLASSIC \$8.5 | <input type="checkbox"/> GENEROUS \$10.5 |
| 1 x base | 1 x base | 1 x base |
| 1 x green | 1 x green | 1 x green |
| 3 x supplements | 3 x supplements | 3 x supplements |
| 1 x topping | 1 x topping | 1 x topping |
| 1 x dressing | 1 x dressing | 1 x dressing |
| | 1 x protein | 2 x proteins |

- | | | |
|--|--|--|
| BASES
+\$1 per extra serving | <input type="checkbox"/> tabbouleh
<input type="checkbox"/> couscous
<input type="checkbox"/> soba | <input type="checkbox"/> fusilli pasta salad |
| GREENS
+\$1 per extra serving | <input type="checkbox"/> romaine | <input type="checkbox"/> mesclun mix |
| SUPPLEMENTS
+\$1 per extra serving | <input type="checkbox"/> onion
<input type="checkbox"/> capsicum
<input type="checkbox"/> pumpkin
<input type="checkbox"/> chickpeas
<input type="checkbox"/> olives | <input type="checkbox"/> carrot
<input type="checkbox"/> french beans
<input type="checkbox"/> coleslaw
<input type="checkbox"/> edamame |
| | <input type="checkbox"/> cherry tomato
<input type="checkbox"/> broccoli
<input type="checkbox"/> red cabbage
<input type="checkbox"/> beetroot | <input type="checkbox"/> cucumber
<input type="checkbox"/> sweet corn
<input type="checkbox"/> kidney beans
<input type="checkbox"/> parmesan |
| TOPPINGS
+\$0.5 per extra serving | <input type="checkbox"/> almond
<input type="checkbox"/> crouton | <input type="checkbox"/> walnut
<input type="checkbox"/> garlic chips |
| | <input type="checkbox"/> cashewnut
<input type="checkbox"/> cranberry | <input type="checkbox"/> sunflower seeds
<input type="checkbox"/> raisin |
| DRESSINGS
+\$0.5 per extra serving | <input type="checkbox"/> french dressing
<input type="checkbox"/> 1000 island | <input type="checkbox"/> classic caesar
<input type="checkbox"/> italian dressing |
| | <input type="checkbox"/> sesame dressing
<input type="checkbox"/> calamansi dressing | <input type="checkbox"/> honey mustard dressing
<input type="checkbox"/> balsamic & olive oil |
| PROTEINS | <input type="checkbox"/> sousvide chicken breast
<input type="checkbox"/> rotisserie chicken quarter (bone-in) +\$2.8
<input type="checkbox"/> roasted striploin +\$3.8
<input type="checkbox"/> nomeatball (plant base protein) +\$3.8
<input type="checkbox"/> mixed meat (chicken, beef, lamb) +\$3.8 | <input type="checkbox"/> sousvide boneless chicken quarter
<input type="checkbox"/> smoked duck breast
<input type="checkbox"/> roasted boneless lamb +\$3.8
<input type="checkbox"/> baked norwegian salmon +\$3.8 |

Ready to Eat Compound Salad Set If you're hungry but lazy!

- | |
|---|
| <input type="checkbox"/> Mediterranean \$7.5 <small>Vegetarian</small> |
| mediterranean mesclun, capsicum, french beans, kidney beans, chickpeas, onion, tomato, cucumber, olives, italian dressing |
| <input type="checkbox"/> Baked Chicken \$8.5 |
| baked chicken, romaine, pumpkin, capsicum, broccoli, carrot, cucumber, onion, parmesan, honey mustard dressing |

Takeaway Hot Meal

Create your own

Hot Meal

- | | | |
|--|--|--|
| <input type="checkbox"/> DELICATE \$7.5 | <input type="checkbox"/> ADEQUATE \$8.5 | <input type="checkbox"/> SUPER \$10.5 |
| 2 x bases | 2 x bases | 2 x bases |
| 3 x supplements | 3 x supplements | 3 x supplements |
| 1 x topping | 1 x topping | 1 x topping |
| 1 x sauce | 1 x sauce | 1 x sauce |
| | 1 x protein | 2 x proteins |

- | | | | |
|--|--|--|---|
| BASES
+\$1 per extra serving | <input type="checkbox"/> quinoa
<input type="checkbox"/> multigrain rice | <input type="checkbox"/> mashed potato
<input type="checkbox"/> romaine lettuce | <input type="checkbox"/> roasted herbed potato
<input type="checkbox"/> fusilli pasta |
| SUPPLEMENTS
+\$1 per extra serving | <input type="checkbox"/> baked carrot
<input type="checkbox"/> baked pumpkin
<input type="checkbox"/> chili con carne | <input type="checkbox"/> baked broccoli
<input type="checkbox"/> herbed mushroom | <input type="checkbox"/> baked capsicum
<input type="checkbox"/> sweet corn
<input type="checkbox"/> french beans |
| TOPPINGS
+\$0.5 per extra serving | <input type="checkbox"/> almond
<input type="checkbox"/> crouton | <input type="checkbox"/> walnut
<input type="checkbox"/> garlic chips | <input type="checkbox"/> cashewnut
<input type="checkbox"/> cranberry
<input type="checkbox"/> sunflower seeds
<input type="checkbox"/> raisin |
| SAUCES
+\$0.5 per extra serving | <input type="checkbox"/> bbq
<input type="checkbox"/> mexican fiery tangy sauce
<input type="checkbox"/> tomato sauce | <input type="checkbox"/> mushroom
<input type="checkbox"/> garlic honey sauce | <input type="checkbox"/> black pepper
<input type="checkbox"/> teriyaki sauce
<input type="checkbox"/> szechuan sauce
<input type="checkbox"/> lemon cream sauce |
| PROTEINS | <input type="checkbox"/> sousvide chicken breast
<input type="checkbox"/> rotisserie chicken quarter (bone-in) +\$2.8
<input type="checkbox"/> roasted striploin +\$3.8
<input type="checkbox"/> nomeatball (plant base protein) +\$3.8
<input type="checkbox"/> mixed meat (chicken, beef, lamb) +\$3.8 | <input type="checkbox"/> sousvide boneless chicken quarter
<input type="checkbox"/> smoked duck breast
<input type="checkbox"/> roasted boneless lamb +\$3.8
<input type="checkbox"/> baked norwegian salmon +\$3.8 | |

Takeaway Cold Beverages

- | | | |
|--|---|---|
| <input type="checkbox"/> perrier (330ml) \$3.5
flavours:
<input type="radio"/> plain <input type="radio"/> pink grapefruit
<input type="radio"/> peach <input type="radio"/> lemon | <input type="checkbox"/> bottled juices (250ml) \$2.2
flavours:
<input type="radio"/> orange <input type="radio"/> tropical punch
<input type="radio"/> apple <input type="radio"/> pineapple
<input type="radio"/> lime <input type="radio"/> mango | <input type="checkbox"/> cocomax (500ml) \$3.8
flavours:
<input type="radio"/> 100% coconut
<input type="radio"/> coconut water with lychee
<input type="radio"/> coconut water with pressed coconut |
| <input type="checkbox"/> You.C1000 vitamin drink (140ml) \$2.8
flavours:
<input type="radio"/> lemon <input type="radio"/> orange <input type="radio"/> apple | <input type="checkbox"/> You.C1000 isotonic drink (500ml) \$3.2
flavours:
<input type="radio"/> lemon <input type="radio"/> orange | <input type="checkbox"/> coke (500ml) \$3.3
flavours:
<input type="radio"/> less sugar
<input type="radio"/> zero |
| <input type="checkbox"/> bottled water (600ml) \$1.8 | <input type="checkbox"/> evian (330ml) \$2.8 | |